








Montabella **JR/SR** March 31st-April 4th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
	Fiesta Bowl Chicken Fajita or Taco Beef Rice -Corn Black Beans Tortilla Chips Green & Red Peppers	Pancakes Hashbrown Sausage Patties Juice Box	Orange Chicken W/G Rice Egg Roll Chinese Vegetables Fortune Cookie	Cheese Ravioli Seasoned Green Beans Dinner Roll	Wet Burrito Refried Beans Mexican Corn
	Cheeseburger Chicken Sandwich	Spicy Chicken Sandwich Cheeseburger on a Bun W/Tater Tots	Chicken Sandwich Cheeseburger on Pretzel Bun W/Tater Tots	Mustang Chicken Sandwich Bacon Cheeseburger W/Tater Tots	Fish Sandwich W/Tots BBQ Wings W/Fries Dinner Roll & Cheez Its
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Bosco Sticks	Pepperoni Calzone	Meatlovers	Pepperoni Stromboli	Garlic & Herbed Cheese Sticks
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Ham & Cheese Croissant	Fruited Yogurt Parfait Chef Salad or Taco Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Fruit & Cheese Salad Uncrustable Sandwich Turkey Pin Wheel	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Spicy Chicken Wrap
	Spinach Blend Lettuce Celery Stix Sliced Avacados Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cherry Tomatoes Fresh Grapes Mixed Berries	Spinach Blend Lettuce Baby Carrots Cauliflower Florets Papaya/Mango Cups Fresh Banana	Spinach Blend Lettuce Baby Carrots Cottage Cheese Cinnamon Bananas Pineapple Slices	Spinach Blend Lettuce Baby Carrots Pea Salad Apricots 100% Fruit Frozen Sobet

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

Montabella JR/SR High School Breakfast Menu
2025 Breakfast Free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Cinnamon Roll w/ Icing 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose one Entrée: <ol style="list-style-type: none"> 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose One Entrée: <ol style="list-style-type: none"> 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Nuffin 	Choose One Entrée: <ol style="list-style-type: none"> 1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Boiled Egg W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel	Grab N Go: Pancake on a Stick	Grab N Go: Breakfast Pocket	Grab N Go: French Toast Sticks	Grab N Go: Breakfast Burrito W/Salsa



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

What's on the Menu?

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Big Cereal Bowl Apple Slices	Strawberry Yogurt Chex Mix Cheese Cubes Applesauce Cups	5 Go-gurt Tubes Chocolate Chip Crisp Fruit Cup	6 Chocolate Muffin String Cheese Fresh Banana	Mix Match Day 7 Soft Filled Cinnamon Toast Crunch Bar Fresh Apple
10 Big Cereal Bowl Bagged Grapes	11 Cheddar Mickey Crackers Cheese Stick Fruit Cup	12 Poptart Apple Slices	13 Mix Match Day Oatmeal Banana Chocolate Chip Mandarin Orange	14 NO SCHOOL
17 Big Cereal Bowl Crasins	18 Poptart Fresh Apples	19 Cereal Bar Cheese Stick Fruit Cup	20 Small Uncrustable Applesauce	21 Mix Match Day Apple Cinnamon Bar Clementines
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 Big Cereal Bowl Raisins				

All meals served with 1% milk, 1% chocolate milk and 100% fruit juice

This institution is an equal opportunity provider. Menu is subject to change

Montabella BIC
Elementary

Breakfast Free to All
Students, at the start
of every day.

Fresh Fruit & 100%
Fruit Juice Offered
Daily

Questions? Please
call Lisa Hicks at 989-
427-5149 ex 660
Or Email

lhicks@montabella.com



What's on the Menu?

March 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
27 A. Pancakes & Sausage B. PBJ Uncrustable Hashbrown	4 A. Walking Taco B. Fish Sandwich Refried Beans	5 A. Mac & Cheese W/Roll B. Ham & Cheese Sub Corn	6 A. Chicken Sticks B. Pizza Crunchers Smile Fries	7 A. Pepperoni Bosco Stix B. Chicken Sandwich Broccoli
10 A. Strawberry French Toast W/Sausage B. Chicken Crispito Tater Tots	11 A. Bean & Cheese Burrito B. Corn Dog Green Beans	12 PIZZA ONLY Carrots Apples Slices	13 PIZZA ONLY Carrots Apple Slices	14 NO SCHOOL
17 A. Breaded Chicken Leg B. Ham & Cheese Croissant Mashed Potatoes	18 A. Mexican Pizza B. Deli Turkey Sub Mixed Vegetable	19 A. Italian Cheese Pull Apart B. Pancakes on a Stick Seasoned Peas	20 A. Chicken Tenders & Roll B. Fish Sticks W/Roll French Fries	MIRM LUNCH Hot Dog or Hamburger Baked Beans Sliced Apples Chips & Trail Mix
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 A. Waffles & Sausage B. Uncrustable Hashbrown				

All meals served with 1% white milk, 1% chocolate milk

**extra.
extra.**

Weekly Rotating Choices:

Fresh Lettuce
 Grape Tomatoes
 Cauliflower
 Baked Beans
 Baby Carrots
 Sliced Cucumbers
 Cauliflower
 Broccoli
 Avacado
 Celery Sticks
 Pepper Strips
 Whole Apples
 Fresh Oranges
 Plums
 Sliced Apples
 Grapes
 Mandarin Oranges
 Bananas
 Pineapple
 Mixed Fruit
 Rosy Applesauce

3-4-5th Grade Options

Daily:

Pizza/Burgers/Chicken/
 Deli Subs/Wraps/Salads