




Montabella JR/SR May 19th-23rd 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

| Station | Monday 19 | Tuesday 20 | Wednesday 21 | Thursday 22 | Friday 23 |
|--|---|--|--|---|--|
|  | Chicken Fajita Bowl or Beef Taco Black Beans-Corn Rice- Queso Cheese Tortilla Chips | Tater Tot Casserole Seasoned Spinach Buttered Roll | Chicken Parmesan Spaghetti Noodles Seasoned Broccoli Garlic Dinner Roll | County Chicken over Biscuits & Gravy Green Beans Cookie | Chili Cheese Hot Dogs French Fries Baked Beans |
|  | Swiss Cheeseburger Chicken Sandwich Cheeseburger on a Bun | PepperJack Cheeseburger Spicy Chicken Sandwich BBQ Bone-in Wings W/Tater Tots & Cheez Its | Chicken Tenders W/Chat Snax Cowboy Chicken Sandwich Cheeseburger on Pretzel Bun W/Tater Tots | Mini Corn Dogs W/ Cheez Its & Roll Spicy Chicken on a Bun Cheeseburger on Bun W/Tater Tots | BBQ Riblet on a Bun Boneless Chicken WingsW/Fries Dinner Roll |
|  | Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station | | | | |
| | Cheese Stuffed Bread- Sticks W/Sauce | Pepperoni Calzone | BLT Pizza | Chicken Bacon Ranch Pizza | Garlic & Herbed Cheese Sticks |
|  | Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap | Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Italian Sub | Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap | Fruited Yogurt Parfait Chef Salad or Fruit & Cheese Salad Uncrustable Sandwich Taco Wrap | Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Spicy Chicken Wrap |
|  | Spinach Blend Lettuce Baby Carrots Sliced Cucumbers Mandarin Oranges Fresh Apple | Spinach Blend Lettuce Baby Carrots Hummus W/Sliced Peppers Sliced Apples Fresh Orange | Spinach Blend Lettuce Baby Carrots Cherry Tomatoes Applesauce Cups Fresh Banana | Spinach Blend Lettuce Baby Carrots Radishes Cinnamon Bananas Fresh Blueberries & Black Berries | Spinach Blend Lettuce Baby Carrots Marinated Cukes Fruited Jello 100% Fruit Frozen Sobet |

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

Montabella JR/SR High School Breakfast Menu
2025 Breakfast Free to all Students

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin | Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Cinnamon Roll w/ Icing 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin | Choose one Entrée: <ol style="list-style-type: none"> 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin | Choose One Entrée: <ol style="list-style-type: none"> 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin | Choose One Entrée: <ol style="list-style-type: none"> 1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Boiled Egg W/Muffin |
| Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk | Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk | Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk | Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk | Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk |
| Grab N Go: Cinni Mini Bagel | Grab N Go: Pancake on a Stick | Grab N Go: Breakfast Pocket | Grab N Go: French Toast Sticks | Grab N Go: Breakfast Burrito W/Salsa |



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

What's on the Menu?

May 2025

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|---|---|--|---|
| | | | 1 Banana Chunk Bar Mandarin Orange Cup | Mix Match Day 2 Soft Filled Cinnamon Toast Crunch Bar Applesauce Cup |
| 5 Cereal Kit Craisins | 6 Chocolate Crescent Fresh Apple | 7 Poptart Fruit Cup | 8 Muffin W/Strawberry Smoothie Bagged Grapes | 9 Mix Match Day Granola Bar W/Cheese Stick Fruit Cup |
| 12 Cereal Kit Box of Raisins | 13 Cereal Bar & Sting Cheese Clementine | 14 Yogurt Cup W/Graham Cracker Applesauce Cup | 15 Poptart Fresh Banana | 16 Mix Match Day Nurtigrain Bar Cheese Cubes Fresh Apple |
| 19 Cereal Kit Apple Slices | 20 Cinni Mini's Mandarin Oranges | 21 Gogurt W/Granola Bar Fruit Cup | 22 Cherry Frudel Fresh Apple | 23 Mix Match Day Blueberry Muffin Applesauce Cup |
| 26 Cereal Kit Bagged Grapes | 27 Small Uncrustable Sandwich Fruit Cup | 28 Poptart Fresh Apple | 29 Strawberry Yogurt Chex Cereal Mix Cheese Stick Fresh Banana | 30 Mix Match Day Cinni Mini's Applesauce Cup |

Montabella BIC Elementary

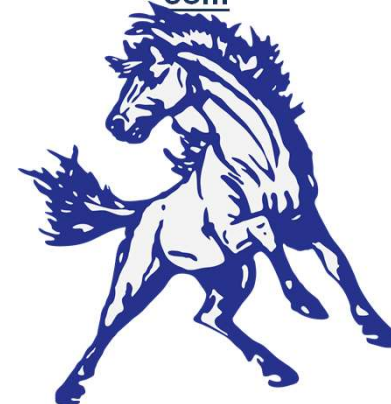
Breakfast Free to All Students, at the start of every day.

Fresh Fruit & 100% Fruit Juice Offered Daily

Questions? Please call Lisa Hicks at 989-427-5149 ex 660

Or Email

lhicks@montabella.com



All meals served with 1% milk, 1% chocolate milk and 100% fruit juice

What's on the Menu?

MAY 2025 Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| | | | A. Chicken Sandwich B. French Toast W/Sausage Corn | A. Pizza B. PBJ Uncrustable Sandwich Mixed Vegetables |
| A. Scrambled Eggs W/Sausage & Biscuit B. Cheesy Pull Apart Diced Potatoes | A. Walking Taco B. Ham & Cheese Lunchable Seasoned Corn | A. Orange Chicken W/Rice & Egg Roll B. Pizza Crunchers Seasoned Peas | A. Chicken Sticks B. Biscuit & Gravy W/Sausage Patties Curly Fries | A. Round Pizza B. Hamburger on a Bun Steamed Broccoli |
| A. Pancakes & Sausages B. Ham & Cheese Sandwich Hashbrown | A. Nacho's B. Cheeseburger Refried Beans | A. Spaghetti W/Garlic Bread B. Blueberry Parfait Seasoned Corn | A. Chicken Nuggets & Roll B. Crispito Curly Fries | Only Choice Pizza Carrots & Apples |
| A. Pancake on a Stick B. Ham & Cheese Sandwich W/Pretzel Hashbrown | A. Tacos B. Turkey Sandwich Refried Beans | A. Chicken Noodles W/Gravy B. BBQ Riblet Sandwich | A. Popcorn Chicken W/Roll B. Egg Salad Sandwich W/Pretzels French Fries | A. Bosco Sticks B. PBJ Uncrustable Mixed Vegetables |
| NO SCHOOL | A. Mexican Pizza B. Deli Turkey Sub Carrots | A. Hamburger on a Bun B. Hot Dog on a Bun French Fries | Field Trips Sack Lunches | LAST DAY Pizza Only Choice |

All meals served with 1% white milk, 1% chocolate milk

extra.
extra

Weekly Rotating Choices:
Fresh Lettuce W/Spinach
Grape Tomatoes
Cauliflower
Baked Beans
Baby Carrots
Sliced Cucumbers
Green Pepper Slices
Broccoli Florets
Cauliflower Florets
Celery Sticks
Cantaloupe Chunks
Whole Apples
Fresh Oranges
Plums
Sliced Apples
Grapes
Mandarin Oranges
Bananas
Pineapple
Mixed Fruit
Cinnamon Applesauce

3-4-5th Grade Weekly Rotating Options
Pizza/Burgers/Chicken/ Deli Subs/Wraps/Salads