



Montabella **JR/SR** May 12th-16th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
	Chicken Fajita Bowl or Beef Taco Black Beans-Corn Rice- Queso Cheese Tortilla Chips	Scalloped Potatoes Diced Ham Seasoned Corn Dinner Roll	Lasagna Roll Up Seasoned Broccoli Garlic Roll	Sloppy Joe French Fries Baked Beans Bagged Chips	Bosco Pizza Sauce Brussel Sprouts
	Swiss Cheeseburger Chicken Sandwich Cheeseburger on a Bun	PepperJack Cheeseburger Spicy Chicken Sandwich BBQ Bone-in Wings W/Tater Tots & Cheez Its	Chicken Tenders W/Chat Snax Chicken Sandwich Cheeseburger on Pretzel Bun W/Tater Tots	Mini Corn Dogs W/ Cheez Its & Roll Spicy Chicken on a Bun Cheeseburger on Bun W/Tater Tots	Spicy Chicken Tenders/Roll Popcorn Chicken Bites W/Fries Dinner Roll
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Cheese Stuffed Bread- Sticks W/Sauce	Pepperoni Calzone	Supreme Pizza	Pepperoni Stromboli	Garlic & Herbed Cheese Sticks
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Italian Sub	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Fruit & Cheese Salad Uncrustable Sandwich Taco Wrap	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Spicy Chicken Wrap
	Spinach Blend Lettuce Baby Carrots Sliced Cucumbers Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Hummus W/Sliced Peppers Diced Peaches Fresh Orange	Spinach Blend Lettuce Baby Carrots Cherry Tomatoes Applesauce Cups Fresh Banana	Spinach Blend Lettuce Baby Carrots Radishes Cinnamon Bananas Strawberry Cups	Spinach Blend Lettuce Baby Carrots Creamy Coleslaw Mixed Fruit 100% Fruit Frozen Sobet

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

Montabella JR/SR High School Breakfast Menu
2025 Breakfast Free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Cinnamon Roll w/ Icing 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose one Entrée: <ol style="list-style-type: none"> 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose One Entrée: <ol style="list-style-type: none"> 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Nuffin 	Choose One Entrée: <ol style="list-style-type: none"> 1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Boiled Egg W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel	Grab N Go: Pancake on a Stick	Grab N Go: Breakfast Pocket	Grab N Go: French Toast Sticks	Grab N Go: Breakfast Burrito W/Salsa



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

What's on the Menu?

May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Banana Chunk Bar Mandarin Orange Cup	Mix Match Day 2 Soft Filled Cinnamon Toast Crunch Bar Applesauce Cup
5 Cereal Kit Craisins	6 Chocolate Crescent Fresh Apple	7 Poptart Fruit Cup	8 Muffin W/Strawberry Smoothie Bagged Grapes	9 Mix Match Day Granola Bar W/Cheese Stick Fruit Cup
12 Cereal Kit Box of Raisins	13 Cereal Bar & Sting Cheese Clementine	14 Yogurt Cup W/Graham Cracker Applesauce Cup	15 Poptart Fresh Banana	16 Mix Match Day Nurtigrain Bar Cheese Cubes Fresh Apple
19 Cereal Kit Apple Slices	20 Cinni Mini's Mandarin Oranges	21 Gogurt W/Granola Bar Fruit Cup	22 Cherry Frudel Fresh Apple	23 Mix Match Day Blueberry Muffin Applesauce Cup
26 Cereal Kit Bagged Grapes	27 Small Uncrustable Sandwich Fruit Cup	28 Poptart Fresh Apple	29 Strawberry Yogurt Chex Cereal Mix Cheese Stick Fresh Banana	30 Mix Match Day Cinni Mini's Applesauce Cup

Montabella BIC Elementary

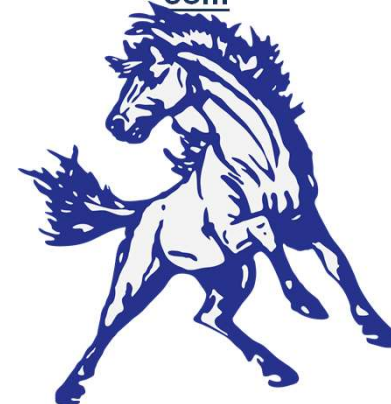
Breakfast Free to All Students, at the start of every day.

Fresh Fruit & 100% Fruit Juice Offered Daily

Questions? Please call Lisa Hicks at 989-427-5149 ex 660

Or Email

lhicks@montabella.com



All meals served with 1% milk, 1% chocolate milk and 100% fruit juice

What's on the Menu?

MAY 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			A. Chicken Sandwich B. French Toast W/Sausage Corn	A. Pizza B. PBJ Uncrustable Sandwich Mixed Vegetables
A. Scrambled Eggs W/Sausage & Biscuit B. Cheesy Pull Apart Diced Potatoes	A. Walking Taco B. Ham & Cheese Lunchable Seasoned Corn	A. Orange Chicken W/Rice & Egg Roll B. Pizza Crunchers Seasoned Peas	A. Chicken Sticks B. Biscuit & Gravy W/Sausage Patties Curly Fries	A. Round Pizza B. Hamburger on a Bun Steamed Broccoli
A. Pancakes & Sausages B. Ham & Cheese Sandwich Hashbrown	A. Nacho's B. Cheeseburger Refried Beans	A. Spaghetti W/Garlic Bread B. Blueberry Parfait Seasoned Corn	A. Chicken Nuggets & Roll B. Crispito Curly Fries	Only Choice Pizza Carrots & Apples
A. Pancake on a Stick B. Ham & Cheese Sandwich W/Pretzel Hashbrown	A. Tacos B. Turkey Sandwich Refried Beans	A. Chicken Noodles W/Gravy B. BBQ Riblet Sandwich	A. Popcorn Chicken W/Roll B. Egg Salad Sandwich W/Pretzels French Fries	A. Bosco Sticks B. PBJ Uncrustable Mixed Vegetables
NO SCHOOL	A. Mexican Pizza B. Deli Turkey Sub Carrots	A. Hamburger on a Bun B. Hot Dog on a Bun French Fries	Field Trips Sack Lunches	LAST DAY Pizza Only Choice

All meals served with 1% white milk, 1% chocolate milk

extra.
extra

Weekly Rotating Choices:
Fresh Lettuce W/Spinach
Grape Tomatoes
Cauliflower
Baked Beans
Baby Carrots
Sliced Cucumbers
Green Pepper Slices
Broccoli Florets
Cauliflower Florets
Celery Sticks
Cantaloupe Chunks
Whole Apples
Fresh Oranges
Plums
Sliced Apples
Grapes
Mandarin Oranges
Bananas
Pineapple
Mixed Fruit
Cinnamon Applesauce

3-4-5th Grade Weekly Rotating Options
Pizza/Burgers/Chicken/ Deli Subs/Wraps/Salads