

chartwells






servicing up happy & healthy

Montabella **JR/SR** March 10th -14th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
	Fiesta Bowl Chicken Fajita or Taco Beef Rice -Corn Black Beans Tortilla Chips	Hot Dog on a Bun French Fries Baked Beans	Bosco Sticks Pizza Sauce Rice Krispie Treat	Choice of Spicy Chicken Tenders or Chicken Tenders Onion Rings Seasoned Corn Cheez It Crackers	NOSCHOOL
	Cheeseburger Chicken Sandwich	Spicy Chicken Sandwich Cheeseburger on Pretzel Bun W/Tater Tots	Chicken Sandwich Hamburger on A Bun W/Tater Tots	Grilled Chicken Sandwich Bacon Cheeseburger W/Tater Tots	Fish Sandwich W/Tots BBQ Wings W/Fries Dinner Roll & Cheez Its
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Cheese Stuffed Breadsticks	Pepperoni Calzone	Cheesy Pullaparts	Pepperoni Stromboli	Chicken Bacon Ranch
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Egg Salad on Croissant	Fruited Yogurt Parfait Chef Salad or Taco Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Fruit & Cheese Salad Uncrustable Sandwich Turkey Pin Wheel	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Spicy Chicken Wrap
	Spinach Blend Lettuce Baby Carrots Sliced Avacados Sliced Peaches Fresh Apple	Spinach Blend Lettuce Baby Carrots Cherry Tomatoes Mandarin Oranges Mixed Berries	Spinach Blend Lettuce Baby Carrots Celery Stix Papaya/Mango Cups Fresh Banana	Spinach Blend Lettuce Baby Carrots Cottage Cheese Cinnamon Bananas Pineapple Slices	Spinach Blend Lettuce Baby Carrots Pea Salad Apricots 100% Fruit Frozen Sobet

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

Montabella JR/SR High School Breakfast Menu
2025 Breakfast Free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose one Entrée: 1. Warm Cinnamon Roll w/ Icing 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose one Entrée: 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose One Entrée: 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Nuffin	Choose One Entrée: 1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Boiled Egg W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel	Grab N Go: Pancake on a Stick	Grab N Go: Breakfast Pocket	Grab N Go: French Toast Sticks	Grab N Go: Breakfast Burrito W/Salsa



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

What's on the Menu?

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Big Cereal Bowl AppleSlices	5 Strawberry Yogurt Chex Mix Cheese Cubes Applesauce Cups	6 Go-gurt Tubes Chocolate Chip Crisp Fruit Cup	7 Chocolate Muffin String Cheese Fresh Banana	8 Mix Match Day 7 Soft Filled Cinnamon Toast Crunch Bar Fresh Apple
10 Big Cereal Bowl Bagged Grapes	11 Cheddar Mickey Crackers Cheese Stick Fruit Cup	12 Poptart Apple Slices	13 Mix Match Day Oatmeal Banana Chocolate Chip Mandarin Orange	14 NO SCHOOL
17 Big Cereal Bowl Crasins	18 Poptart Fresh Apples	19 Cereal Bar Cheese Stick Fruit Cup	20 Small Unrustable Applesauce	21 Mix Match Day Apple Cinnamon Bar Clementines
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 Big Cereal Bowl Raisins				

Montabella BIC
Elementary

Breakfast Free to All
Students, at the start
of every day.

Fresh Fruit & 100%
Fruit Juice Offered
Daily

Questions? Please
call Lisa Hicks at 989-
427-5149 ex 660

Or Email
lhicks@montabella.com



All meals served with 1% milk, 1% chocolate milk and 100% fruit juice

This institution is an equal opportunity provider. Menu is subject to change

What's on the Menu?

March 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>27</p> <p>A. Pancakes & Sausage B. PBJ Uncrustable Hashbrown</p>	<p>4</p> <p>A. Walking Taco B. Fish Sandwich Refried Beans</p>	<p>5</p> <p>A. Mac & Cheese W/Roll B. Ham & Cheese Sub Corn</p>	<p>6</p> <p>A. Chicken Sticks B. Pizza Crunchers Smile Fries</p>	<p>7</p> <p>A. Pepperoni Bosco Stix B. Chicken Sandwich Broccoli</p>
<p>10</p> <p>A. Strawberry French Toast W/Sausage B. Chicken Crispito Tater Tots</p>	<p>11</p> <p>A. Bean & Cheese Burrito B. Corn Dog Green Beans</p>	<p>12</p> <p>PIZZA ONLY Carrots Apples Slices</p>	<p>13</p> <p>PIZZA ONLY Carrots Apple Slices</p>	<p>14</p> <p>NO SCHOOL</p>
<p>17</p> <p>A. Breaded Chicken Leg B. Ham & Cheese Croissant Mashed Potatoes</p>	<p>18</p> <p>A. Mexican Pizza B. Deli Turkey Sub Mixed Vegetable</p>	<p>19</p> <p>A. Italian Cheese Pull Apart B. Pancakes on a Stick Seasoned Peas</p>	<p>20</p> <p>A. Chicken Tenders & Roll B. Fish Sticks W/Roll French Fries</p>	<p>MIRM LUNCH Hot Dog or Hamburger Baked Beans Sliced Apples Chips & Trail Mix</p>
<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>	<p>26</p> <p>NO SCHOOL</p>	<p>27</p> <p>NO SCHOOL</p>	<p>28</p> <p>NO SCHOOL</p>
<p>31</p> <p>A. Waffles & Sausage B. Uncrustable Hashbrown</p>				<p>3-4-5th Grade Options Daily: Pizza/Burgers/Chicken/Deli Subs/Wraps/Salads</p>



Weekly Rotating Choices:

- Fresh Lettuce
- Grape Tomatoes
- Cauliflower
- Baked Beans
- Baby Carrots
- Sliced Cucumbers
- Cauliflower
- Broccoli
- Avacado
- Celery Sticks
- Pepper Strips
- Whole Apples
- Fresh Oranges
- Plums
- Sliced Apples
- Grapes
- Mandarin Oranges
- Bananas
- Pineapple
- Mixed Fruit
- Rosy Applesauce

3-4-5th Grade Options Daily:
Pizza/Burgers/Chicken/Deli Subs/Wraps/Salads

All meals served with 1% white milk, 1% chocolate milk

This institution is an equal opportunity provider. Menu is subject to change

