



Montabella **JR/SR** January 12-16th 2026 Lunch Menu

Student Lunch Free -Purchased Milk \$.60

A full student lunch includes a choice of entrée supplying protein and grain, fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
	Pancakes Sausage Patties Tater Tots Juice Syrup Packet	Orange Chicken Fried Rice Egg Roll Asian Vegetables Fortune Cookies	Fiesta Bowl Chicken Fajita-Taco Meat Black Beans-Corn -Sauted Peppers-Rice Gaucamole Tortilla Chips Queso Cheese	Chicken Parmesan over Noodles Season Broccoli Dinner Roll	Chili Dog French Fries Seasoned Corn
	Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich W/Tots	Bacon Cheeseburger Spicy Chicken Sandwich Cheeseburger W/Tots	Chicken Sandwich Cowboy Burger/Tots Mini Corn Dog W/Tots	Spicy Chicken Sandwich Mozzarella Sticks W/Sauce Cheeseburger W/Tots	Grilled Chicken Honey Dijon Chicken Sandwich Cheeseburger W/Tots
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Pizza Crunchers	Pepperoni Calzone	Chicken Bacon Ranch	Garlic Cheesy Breadsticks W/Sauce	Taco Pizza
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Honey Dijon Grilled Chicken Salad Uncrustable Sandwich Turkey on Pretzel	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap	Fruited Yogurt Parfait Chef or Spicy Chicken Salad Uncrustable Sandwich Spicy Chicken Wrap
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cucumber & Tomato Salad Sliced Chilled Pears Blueberries	Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana	Spinach Blend Lettuce Baby Carrots Broccoli -Cauliflower Mango & Papaya Cups Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Cottage Cheese Fruit Cocktail Frozen Sidekick

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

chartwells

serving up happy & healthy

Montabella JR/SR High School Breakfast Menu

2026 Breakfast free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Cinnamon Roll 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose one Entrée: <ol style="list-style-type: none"> 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose One Entrée: <ol style="list-style-type: none"> 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin 	Choose One Entrée: <ol style="list-style-type: none"> 1. Apple Frudel 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel Small Uncrustable Muffin W/Cheese Stick	Grab N Go: Pancake on a Stick Small Uncrustable Muffin W/Cheese Stick	Grab N Go: Breakfast Pocket Small Uncrustable Muffin W/Cheese Stick	Grab N Go: Cherry Frudel Small Uncrustable Muffin W/Cheese Stick	Grab N Go: Breakfast Burrito W/Salsa Small Uncrustable Muffin W/Cheese Stick



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free. Menu is Subject to change.

This institution is an equal opportunity provider and employer

Breakfast is served from 7:30am -8:15am in the cafeteria

What's on the Menu?

January 2026
Breakfast in the
Classroom

Monday	Tuesday	Wednesday	Thursday	Friday
5 Strawberry Chex Mix Cheese Stick Box of Raisins	6 Giant Goldfish Crackers, String Cheese Peach Cup 100% Fruit Juice	7 Bowl of Lucky Charms Cereal Fresh Tangerine 100% Fruit Juice	8 French Toast Bar Fresh Banana 100% Fruit Juice	9 Breakfast Egg Bagel Apple Slices 100% Fruit Juice
12 Cereal Bowl Mandarin Orange Cup 100% Fruit Juice	13 Pop Tart Bagged Grapes 100% Fruit Juice	14 Chocolate Muffin Cheese Cubes Peach Cup 100% Fruit Juice	15 Banana Chunk Bar Applesauce Cup 100% Fruit Juice	16 Cinni Mini's Applesauce Cup 100% Fruit Juice
19 Gogurt Tube Apple-Cinn Muffin Bagged Apples 100% Fruit Juice	20 Apple Frudel Cherry Craisins 100% Fruit Juice	21 NO SCHOOL	22 Chocolate Croissant Pear Cup 100% Fruit Juice	23 Cinnamon Toast Crunch Soft Bar Mandarin Orange Cup 100% Fruit Juice
26 Cereal Bowl Box of Raisins	27 Banana Muffin Cheese Stick Fresh Apple	28 Poptart Apple Slices	29 Cereal Bar Peach Cup	30 Breakfast Burrito Applesauce Cup

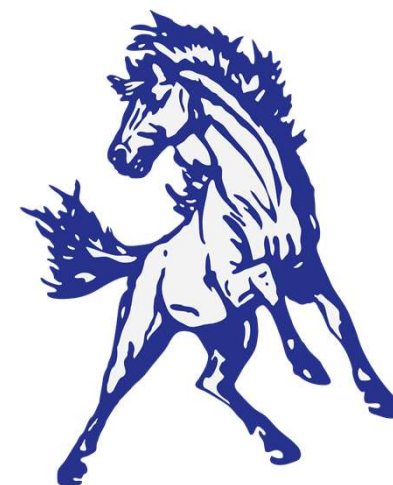
All meals served with 1% milk or 1% chocolate milk

Montabella BIC
Elementary

**Breakfast Free to All
Students-7:30am-
8:15am in the
Classroom**

**100% Fruit Juice
Offered Daily**

**Questions? Please
call Lisa Hicks at 989-
427-5149 ex 660
Or Email
lhicks@montabella.com**



What's on the Menu?

January 2026 Lunch
Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			NO SCHOOL 1	NO SCHOOL 2
A. Pancakes-Sausage B. Grilled Cheese TATER TOTS 5	A. Chicken Nuggets B. Pizza Pocket French Fries 6	A. White Cheddar Mac & Cheese B. Mini Corn Dogs Green Beans 7	A. Hot Dog B. Hamburger Onion Rings 8	A. Bosco Sticks B. PB & J Sandwich Broccoli 9
A. Mini Waffles B. Fruited Parfait Hash Brown 12	A. Beef Nachos B. Chicken Crispito Refried Beans 13	A. Beef Stroganoff B. Pizza Crunchers Seasoned Peas 14	A. Chicken Tenders B. Pancake on a Stick Smile Fries 15	A. Pepperoni Pizza B. Cheeseburger Carrots 16
A. French Toast B. Tuna Salad Tater Tots 19	A. Beef Taco's B. Egg Salad Carrots 20	NO SCHOOL 21	A. Chicken Sandwich B. Fish Sticks Curly Fries 22	A. Bosco Sticks B. Ham & Cheese on a Bun Broccoli 23
A. Cheesy Omelet Biscuit B. Cheesy Italian Pull Apart Hashbrown 26	A. Popcorn Chicken B. BBQ Riblet Cheesy Potatoes 27	A. Breaded Chicken Drumstick B. Turkey Wrap Mashed Potatoes/Gravy 28	A. Walking Taco B. Boneless Wings Cheesy Refried Beans 29	A. Cheese Pizza B. Bacon Cheeseburger Baked Beans 30

All meals served with 1% white milk or 1% chocolate milk

extra
extra

Weekly Rotating Choices:

Fresh Lettuce W/Spinach-Daily
 Baby Carrots-Daily
 Grape Tomatoes -Daily
 Radishes- Mon
 Baked Beans-Tues
 Green Pepper Slices- Wed
 Cauliflower Florets-Thurs
 Celery Sticks-Fri
 Corn Salad- Tues
 Whole Apples
 Fresh Oranges
 Fresh Strawberries
 Purple Grapes
 Fresh Banana
 Diced Peaches
 Diced Pears
 Mixed Fruit
 Cinnamon Apples
 Mandarin Oranges

2-3-4-5th Grade Daily Options:

Mon: Wrap, Cheeseburger
Tues: Chef Salad, Chicken Sandwich
Wed : Cheese Pull Aparts, Homemade Lunchable
Thurs: Spicy Chicken Sandwich ,Yogurt Parfait
Friday: BBQ Chicken Wings, Grilled Cheese

Pizza & PBJ Available Daily

Lunch's Free to All Students
 11:05am -12pm- Cafeteria