








## Montabella **JR/SR** August 25th-29th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
	Cheeseburger  French Fries  Baked Beans	Fiesta Bowl Fajita Chicken or Taco Meat Sliced Peppers  Black Beans, Corn, Rice Queso Cheese, Tortilla Chips Chips, Salsa	Cheesy Potatoes Diced Ham  Green Beans  Garlic Knot	Ravioli W/Sauce  Green Beans  Garlic Roll	NO SCHOOL
	Cheeseburger on a Bun Spicy Chicken Sandwich Mustang Chicken Sandwich	Sloppy Joe /Chips Spicy Chicken Sandwich  BBQ Wings W/Tater Tots & Cheez Its	Chicken Sandwich Drumstick W/Tots & Cheez Its  Cheeseburger on Pretzel Bun W/Tater Tots	Cheeseburger on Bun Spicy Chicken on a Bun  Corn-Dog W/Tots Cheez Its	Spicy Chicken Sandwich Chicken Sandwich  Meatball Sub
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Ham & Bacon	Pepperoni Calzone	Meatlovers Pizza	Chicken Bacon Ranch Pizza	BLT Pizza
	Fruited Yogurt Parfait  Chef Salad  Uncrustable Sandwich <b>Chicken Wrap</b>	Fruited Yogurt Parfait  Chef Salad or Fruit & Cheese Platter  Uncrustable Sandwich <b>Italian Sub</b>	Fruited Yogurt Parfait  Chef Salad or Caesar Salad  Uncrustable Sandwich <b>Chicken Caesar Wrap</b>	Fruited Yogurt Parfait  Chef Salad or Southwest Salad  Uncrustable Sandwich <b>Taco Wrap</b>	Fruited Yogurt Parfait  Chef Salad or Spicy Chicken Salad  Uncrustable Sandwich <b>BLT Wrap</b>
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Sliced Peppers Sliced Apples Fresh Orange	Spinach Blend Lettuce Baby Carrots Sliced Cucumbers Applesauce Cups Fresh Banana	Spinach Blend Lettuce Baby Carrots Cottage Cheese Cinnamon Bananas Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Broccoli Florets Diced Peaches Fresh Pear

Questions or Comments? Please contact Lisa Hicks Food Service Director at [lhicks@montabella.com](mailto:lhicks@montabella.com)  
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

**Montabella JR/SR High School Breakfast Menu**  
2025 Breakfast free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choose one Entrée:</b> <ol style="list-style-type: none"> <li>1. Warm Biscuit &amp; Sausage Gravy</li> <li>2. Breakfast Pizza Bacon Egg &amp; Cheese</li> <li>3. WG Bagel w/ Lite Cream Cheese</li> <li>4. Cereal Bowl</li> <li>5. Benefit Banana Bar</li> <li>6. Yogurt Cup W/Granola Bar</li> <li>7. Poptart</li> <li>8. Cheese Stick-W/Muffin</li> </ol>	<b>Choose one Entrée:</b> <ol style="list-style-type: none"> <li>1. Warm Cinnamon Roll w/ Icing</li> <li>2. Breakfast Pizza W/Sausage</li> <li>3. WG Bagel w/ Lite Cream Cheese</li> <li>4. Cereal Bowl</li> <li>5. Benefit Banana Bar</li> <li>6. Yogurt Cup W/Granola Bar</li> <li>7. Poptart</li> <li>8. Cheesestick-W/Muffin</li> </ol>	<b>Choose one Entrée:</b> <ol style="list-style-type: none"> <li>1. WG Strawberry Cream Bagels</li> <li>2. Breakfast Pizza Bacon Egg &amp; Cheese</li> <li>3. WG Bagel w/ Lite Cream Cheese</li> <li>4. Cereal Bowl</li> <li>5. Benefit Banana Bar</li> <li>6. Yogurt Cup W/Granola Bar</li> <li>7. Poptart</li> <li>8. Cheesestick-W/Muffin</li> </ol>	<b>Choose One Entrée:</b> <ol style="list-style-type: none"> <li>1. Sausage Egg &amp; Cheese Muffin</li> <li>2. Breakfast Pizza W/ Sausage</li> <li>3. WG Bagel w/ Lite Cream Cheese</li> <li>4. Cereal Bowl</li> <li>5. Banana Chunk Bar</li> <li>6. Yogurt Cup W/Granola Bar</li> <li>7. Poptart</li> <li>8. Cheesestick-W/Muffin</li> </ol>	<b>Choose One Entrée:</b> <ol style="list-style-type: none"> <li>1. Breakfast Bowl</li> <li>2. Breakfast Pizza Bacon Egg &amp; Cheese</li> <li>3. WG Bagel w/Lite Cream Cheese</li> <li>4. Cereal Bowl</li> <li>5. Benefit Banana Bar</li> <li>6. Yogurt Cup W/Granola Cup</li> <li>7. Poptart</li> <li>8. Cheesestick-W/Muffin</li> </ol>
<b>Complete your Meal:</b> Applesauce Cups 100% Fruit Juice  1% White or Flavored 1% Milk	<b>Complete your Meal:</b> Pouch of Craisins 100% Fruit Juice  1% White or Flavored 1% Milk	<b>Complete your Meal:</b> Fresh Banana 100% Fruit Juice  1% White or 1% Flavored Milk	<b>Complete your Meal:</b> Fresh Apple 100% Fruit Juice  1% White or Flavored 1% Milk	<b>Complete your Meal:</b> Boxed Raisins 100% Fruit Juice  1% White or Flavored 1% Milk
<b>Grab N Go:</b> Cinni Mini Bagel	<b>Grab N Go:</b> Breakfast Burrito W/Salsa	<b>Grab N Go:</b> Breakfast Pocket	<b>Grab N Go:</b> French Toast Sticks	<b>Grab N Go:</b> Pancake on a Stick W/Syrup




Go to [www.choosemyplate.gov](http://www.choosemyplate.gov) for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

**This institution is an equal opportunity provider and employer**

# What's on the Menu?

August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				
11	12	13	14	15
18	19 Cereal Kit  Mandarin Oranges	20 Strawberry Poptarts  Fresh Apple	21 Chocolate Muffin Cheesestick  Peach Cup	22 Benefit Banana Chunk Bar  Applesauce Cup
25 Yogurt Cup Banana Muffin  Bagged Grapes	26 Apple Frudel  Crasins	27 Hard Boiled Egg-Cheez-It Crackers  Fresh Banana	28 Chocolate Crescent Roll  Pear Cup	29 NO SCHOOL

**Montabella BIC Elementary**

**Breakfast Free to All Students, at the start of every day.**

**Fresh Fruit & 100% Fruit Juice Offered Daily**

**Questions? Please call  
Lisa Hicks at  
989-427-5149 ex 660  
Or Email  
[lhicks@montabella.com](mailto:lhicks@montabella.com)**



*All meals served with 1% milk, 1% chocolate milk and 100% fruit juice*

*This institution is an equal opportunity provider. Menu is subject to change*

# What's on the Menu?

AUGUST 2025 Lunch  
Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				
				8
				15
18 <b>NO SCHOOL</b>	19 A. Chicken Nuggets-Roll B. Pizza Calzone <b>French Fries</b>	20 A. Mac & Cheese-Roll B. Ham & Cheese Sub <b>Green Beans</b>	21 A. Hot dog on a Bun B. Hamburger <b>Baked Beans</b>	22 A. Cheese Pizza B. Quesdilla <b>Buttered Broccoli</b>
25 A. Pancakes & Sausage B. Grilled Cheese Tator Tots	26 A. Beef Nacho's B. Turkey Sandwich <b>Mexican Sweet Corn</b>	27 A. Cheeseburger B. Pizza Crunchers W/Sauce <b>Mixed Veggies</b>	28 A. Chicken Tenders -Roll B. Pancakes on a Stick <b>French Fries</b>	29 <b>NO SCHOOL</b>

All meals served with 1% white milk, 1% chocolate milk

**extra.  
extra**

Weekly Rotating Choices:  
 Fresh Lettuce W/Spinach  
 Grape Tomatoes  
 Cauliflower  
 Baked Beans  
 Baby Carrots  
 Sliced Cucumbers  
 Green Pepper Slices  
 Broccoli Florets  
 Cauliflower Florets  
 Celery Sticks  
 Cantaloupe Chunks  
 Whole Apples  
 Fresh Oranges  
 Plums  
 Sliced Apples  
 Red Grapes  
 Mandarin Oranges  
 Bananas  
 Mixed Berries  
 Mixed Fruit  
 Cinnamon Applesauce

**2-3-4-5<sup>th</sup> Grade Weekly  
Rotating Options  
Pizza/Burgers/Chicken/  
Deli Subs/Wraps/Salads**