





Montabella **JR/SR** August 18th-22nd 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
	NO SCHOOL	Fiesta Bowl Fajita Chicken or Taco Meat Sliced Peppers Black Beans, Corn, Rice Queso Cheese, Tortilla Chips Chips, Salsa	French Toast Hashbrown Sausage Patties Syrup Packets Fresh Strawberries	Chinese Meal Teriyaki Chicken Fried Rice Egg Roll Oriental Veggies/Fortune Cookie	Cheeseburger on a Bun French Fries Baked Beans Rice Krispie Treat
		Sloppy Joe /Chips Spicy Chicken Sandwich BBQ Boneless Wings W/Tater Tots & Cheez Its	Chicken Tenders W/Bunny Grahamns Drumstick W/Tots &Cheez Its Cheeseburger on Pretzel Bun W/Tater Tots	Corn Dog W/Tots Cheez Its Spicy Chicken on a Bun Cheeseburger on Bun W/Tater Tots	Spicy Tenders W/Tots& Garlic Knot Chicken Sandwich Openfaced Phillycheese Steak Sub
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
		Bosco Sticks W/Sauce	Meatlovers Pizza	Chicken Bacon Ranch Pizza	Ham & Bacon
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Fruit & Cheese Platter Uncrustable Sandwich Italian Sub	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap	Fruited Yogurt Parfait Chef Salad or Spicy Chicken Salad Uncrustable Sandwich BLT Wrap
	Spinach Blend Lettuce Baby Carrots Sliced Cucumbers Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Hummus W/Sliced Peppers Sliced Apples Fresh Orange	Spinach Blend Lettuce Baby Carrots Cherry Tomatoes Applesauce Cups Fresh Banana	Spinach Blend Lettuce Baby Carrots Radishes Cinnamon Bananas Fresh Mixed Berries	Spinach Blend Lettuce Baby Carrots Broccoli Florets Diced Peaches Fresh Pear

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

Montabella JR/SR High School Breakfast Menu
2025 Breakfast free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheese Stick-W/Muffin 	Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Cinnamon Roll w/ Icing 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin 	Choose one Entrée: <ol style="list-style-type: none"> 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin 	Choose One Entrée: <ol style="list-style-type: none"> 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin 	Choose One Entrée: <ol style="list-style-type: none"> 1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Cheesestick-W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel	Grab N Go: Breakfast Burrito W/Salsa	Grab N Go: Breakfast Pocket	Grab N Go: French Toast Sticks	Grab N Go: Pancake on a Stick W/Syrup




Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

What's on the Menu?

August 2025

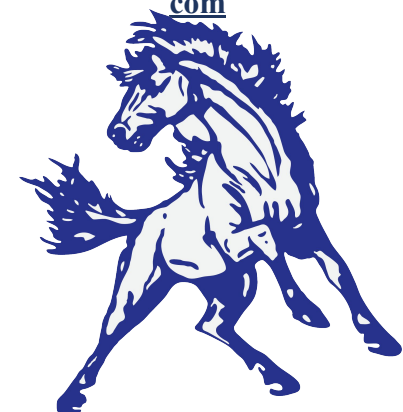
Monday	Tuesday	Wednesday	Thursday	Friday
				
11	12	13	14	15
18	19 Cereal Kit Mandarin Oranges	20 Strawberry Poptarts Fresh Apple	21 Chocolate Muffin Cheesestick Peach Cup	22 Benefit Banana Chunk Bar Applesauce Cup
25 Yogurt Cup Banana Muffin Bagged Grapes	26 Apple Frudel Crasins	27 Hard Boiled Egg-Cheez-It Crackers Fresh Banana	28 Chocolate Crescent Roll Pear Cup	29 NO SCHOOL

Montabella BIC Elementary

Breakfast Free to All Students, at the start of every day.

Fresh Fruit & 100% Fruit Juice Offered Daily

**Questions? Please call
Lisa Hicks at
989-427-5149 ex 660
Or Email
lhicks@montabella.com**



All meals served with 1% milk, 1% chocolate milk and 100% fruit juice

This institution is an equal opportunity provider. Menu is subject to change

What's on the Menu?

AUGUST 2025 Lunch
Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				
				8
				15
18 NO SCHOOL	19 A. Chicken Nuggets-Roll B. Pizza Calzone French Fries	20 A. Mac & Cheese-Roll B. Ham & Cheese Sub Green Beans	21 A. Hot dog on a Bun B. Hamburger Baked Beans	22 A. Cheese Pizza B. Quesdilla Buttered Broccoli
25 A. Pancakes & Sausage B. Grilled Cheese Tator Tots	26 A. Beef Nacho's B. Turkey Sandwich Mexican Sweet Corn	27 A. Cheeseburger B. Pizza Crunchers W/Sauce Mixed Veggies	28 A. Chicken Tenders -Roll B. Pancakes on a Stick French Fries	29 NO SCHOOL

All meals served with 1% white milk, 1% chocolate milk

**extra.
extra**

Weekly Rotating Choices:
 Fresh Lettuce W/Spinach
 Grape Tomatoes
 Cauliflower
 Baked Beans
 Baby Carrots
 Sliced Cucumbers
 Green Pepper Slices
 Broccoli Florets
 Cauliflower Florets
 Celery Sticks
 Cantaloupe Chunks
 Whole Apples
 Fresh Oranges
 Plums
 Sliced Apples
 Red Grapes
 Mandarin Oranges
 Bananas
 Mixed Berries
 Mixed Fruit
 Cinnamon Applesauce

**2-3-4-5th Grade Weekly
Rotating Options
Pizza/Burgers/Chicken/
Deli Subs/Wraps/Salads**