

chartwells

serving up happy & healthy









Montabella **JR/SR** March 31st-April 4th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
	Fiesta Bowl Chicken Fajita or Taco Beef Rice -Corn Black Beans Tortilla Chips Green & Red Peppers	Pancakes Hashbrown Sausage Patties Juice Box	Orange Chicken W/G Rice Egg Roll Chinese Vegetables Fortune Cookie	Cheese Ravioli Seasoned Green Beans Dinner Roll	Wet Burrito Refried Beans Mexican Corn
	Cheeseburger Chicken Sandwich	Spicy Chicken Sandwich Cheeseburger on a Bun W/Tater Tots	Chicken Sandwich Cheeseburger on Pretzel Bun W/Tater Tots	Mustang Chicken Sandwich Bacon Cheeseburger W/Tater Tots	Fish Sandwich W/Tots BBQ Wings W/Fries Dinner Roll & Cheez Its
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Bosco Sticks	Pepperoni Calzone	Meatlovers	Pepperoni Stromboli	Garlic & Herbed Cheese Sticks
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Ham & Cheese Croissant	Fruited Yogurt Parfait Chef Salad or Taco Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Fruit & Cheese Salad Uncrustable Sandwich Turkey Pin Wheel	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Spicy Chicken Wrap
	Spinach Blend Lettuce Celery Stix Sliced Avacados Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cherry Tomatoes Fresh Grapes Mixed Berries	Spinach Blend Lettuce Baby Carrots Cauliflower Florets Papaya/Mango Cups Fresh Banana	Spinach Blend Lettuce Baby Carrots Cottage Cheese Cinnamon Bananas Pineapple Slices	Spinach Blend Lettuce Baby Carrots Pea Salad Apricots 100% Fruit Frozen Sobet

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

Montabella JR/SR High School Breakfast Menu
2025 Breakfast Free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose one Entrée: 1. Warm Cinnamon Roll w/ Icing 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose one Entrée: 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose One Entrée: 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Nuffin	Choose One Entrée: 1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Boiled Egg W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel	Grab N Go: Pancake on a Stick	Grab N Go: Breakfast Pocket	Grab N Go: French Toast Sticks	Grab N Go: Breakfast Burrito W/Salsa



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

What's on the Menu?

April 2025

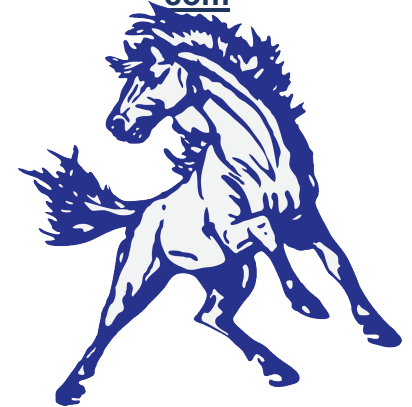
Monday	Tuesday	Wednesday	Thursday	Friday
	1 Banana Chunk Bar Fresh Apple	2 Poptart Fruit Cup	3 Banana Muffin W/Pineapple & Mango Smoothie Fresh Banana	Mix Match Day 4 Nutrigrain Bar Cheesestick Applesauce Cup
7 Cereal Kit Bagged Grapes	8 W/G Bagel W/Cream Cheese Mandarin Oranges	9 Apple Frudel Applesauce Cup	10 Poptart Fresh Banana	11 Mix Match Day Soft Filled Cinnamon Toast Crunch Bar Fruit Cup
14 Cereal Kit Apple Slices	15 Chocolate Muffin Sting Cheese Fruit Cup	16 Cini Mini's Fresh Apple	17 Yogurt Cup Bug Bite Grahams Mix Fruit Cup	18 NO SCHOOL
21 Cereal Kit Craisins	22 Poptart Clementine	23 NO SCHOOL	24 Small Un crustable Sandwich Fresh Apple	25 Mix Match Day Apple Cinnamon Bar Bagged Grapes
28 Cereal Kit Raisins	29 Poptart Fresh Apple	30 Blueberry Muffin Cheese Stick Applesauce Cup		

Montabella BIC
Elementary

Breakfast Free to All
Students, at the start
of every day.

Fresh Fruit & 100%
Fruit Juice Offered
Daily

Questions? Please
call Lisa Hicks at 989-
427-5149 ex 660
Or Email
lhicks@montabella.com



All meals served with 1% milk, 1% chocolate milk and 100% fruit juice

What's on the Menu?

April 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 A. Nacho's B. Cheeseburger Refried Beans	2 A. Spaghetti W/Bread Roll B. Fruited Parfait W/Granola Corn	3 A. Chicken Nuggets W/Roll B. Chicken Crispito Curly Fries	4 A. Pizza B. Ham & Cheese Lunchable Broccoli
7 A. Pancake on a Stick W/Sausage B. Grilled Cheese Tater Tots	8 A. Chicken Taco's B. Italian Pullaparts Seasoned Peas	9 A. Chicken & Noodles W/Gravy B. Hamburger French Fries	10 A. Popcorn B. Chicken W/Roll Riblet Sandwich French Fries	11 A. Bosco Stix B. PBJ Uncrustable Mixed Vegtable
14 A. Pancakes & Sausages B. Ham & Cheese Croissant Hashbrown	15 A. Walking Taco B. Deli Turkey Sandwich Refried Beans	16 A. Mac & Cheese W/BBQ Riblet B. Turkey & Cheese Sub Seasoned Corn	17 A. Chicken Sticks & Roll B. Pizza Crunchers Smile Fries	18 NO SCHOOL
21 A. French Toast Sticks B. Tuna Sandwich W/Pretzels C. Tator Taots	22 A. Bean & Cheese Burrito B. Mini Corn Dogs W/Roll Baked Beans	23 NO SCHOOL	24 A. Chicken Tenders W/Roll B. Hot Dog on a Bun French Fries	25 A. French Bread Pizza B. Fish Sticks W/Roll Mixed Vegetables
28 A. Waffles & Sauge B. Fish Sandwich Tater Tots	29 A. Mexican Pizza B. Deli Turkey Sub Carrots	30 A. Tater Tot Casserole W/Roll B. Chicken Sandwich Curly Fries		

All meals served with 1% white milk, 1% chocolate milk

extra.
extra

Weekly Rotating Choices:
Fresh Lettuce W/Spinach
Grape Tomatoes
Cauliflower
Baked Beans
Baby Carrots
Sliced Cucumbers
Green Pepper Slices
Broccoli Florets
Avocado Halves
Celery Sticks
Watermelon Chunks
Whole Apples
Fresh Oranges
Plums
Sliced Apples
Grapes
Mandarin Oranges
Bananas
Pineapple
Mixed Fruit
Cinnamon Applesauce

3-4-5th Grade Options
Daily:
Pizza/Burgers/Chicken/
Deli Subs/Wraps/Salads