





## Montabella **JR/SR** September 22nd-26th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
	Hot Dog Chili Sauce Cheese Sauce French Fries Rice Krispie Treats	Fiesta Bowl Fajita Chicken or Taco Meat Sliced Peppers Black Beans, Corn, Rice Queso Cheese, Tortilla Chips Chips, Salsa	NO SCHOOL	Meatloaf Slices Mashed Potatoes Beef Gravy California Blend Veggies Dinner Roll	Bosco Sticks Pizza Sauce Carrots
	Cheeseburger on a Bun Spicy Chicken Sandwich Mustang Chicken Sandwich	Bacon Cheeseburger Spicy Chicken Sandwich Boneless Wings W/Tots Cheddar Golfish Crackers	Chicken Sandwich Phillycheese Steak W/Potato Wedaes Cheeseburger on Pretzel Bun	Cheeseburger on Bun Mozz Cheese Sticks/Bread& Sauce Chicken Tenders W/Tots Scooby Grahams	Chicken & Cheese Quesdilla/Salsa Chicken Parm Wrap Bacon Cheeseburger
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Supreme Pizza	Chicken Bacon Ranch Pizza	Pepperoni Calzone	Meatlovers Pizza	Homemade Cheese SticksW/Sauce
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich <b>Chicken Wrap</b>	Fruited Yogurt Parfait Chef Salad or Honey Dijon Grilled Chicken Salad Uncrustable Sandwich <b>Turkey Flatbread</b>	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich <b>Chicken Caesar Wrap</b>	Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich <b>Taco Wrap</b>	Fruited Yogurt Parfait Chef Salad or Spicy Chicken Salad Uncrustable Sandwich <b>BLT Wrap</b>
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Corn Salad Sliced Apples Fresh Orange	Spinach Blend Lettuce Baby Carrots Sliced Cucumbers Applesauce Cups Fresh Banana	Spinach Blend Lettuce Baby Carrots Baked Beans Cinnamon Bananas Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Broccoli Florets Rosey Applesauce Fresh Blueberries

Questions or Comments? Please contact Lisa Hicks Food Service Director at [lhicks@montabella.com](mailto:lhicks@montabella.com)  
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.








## Montabella **JR/SR** September 29th- Oct 3rd 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 29	Tuesday 30	Wednesday 1	Thursday 2	Friday 3
	Fiesta Bowl Fajita Chicken or Taco Meat Sliced Peppers  Black Beans, Corn, Rice Queso Cheese, Tortilla Chips, Salsa	Tuna Noodle Casserole  Seasoned Peas  Dinner Roll  Apple Crisp	Pancakes  Sausage Patty  Hash-Brown  Juice Syrup Packet	Chicken Crisпитos  Refried Beans  Salsa Cup	Chicken Tenders  Steak Fries  Green Beans  Dinner Roll
	Cheeseburger on a Bun Spicy Chicken Sandwich Mustang Chicken Sandwich	Bacon Cheeseburger Spicy Chicken Sandwich Boneless Wings W/Tots Cheddar Golfish Crackers	Chicken Sandwich Mushroom Swiss Burger Cheeseburger on Pretzel Bun	Cheeseburger on Bun Mozz Cheese Sticks/Bread& Sauce Chicken Tenders W/Tots Scooby Grahams	Chicken & Cheese Quesdilla/Salsa Chicken Parm Wrap Bacon Cheeseburger
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Supreme Pizza	Pepperoni Calzone	Chicken Bacon Ranch	Meatlovers Pizza	Homemade Cheese SticksW/Sauce
	Fruited Yogurt Parfait  Chef Salad  Uncrustable Sandwich <b>Chicken Wrap</b>	Fruited Yogurt Parfait  Chef Salad or Honey Dijon Grilled Chicken Salad  Uncrustable Sandwich <b>Turkey Flatbread</b>	Fruited Yogurt Parfait  Chef Salad or Caesar Salad  Uncrustable Sandwich <b>Chicken Caesar Wrap</b>	Fruited Yogurt Parfait  Chef Salad or Southwest Salad  Uncrustable Sandwich <b>Taco Wrap</b>	Fruited Yogurt Parfait  Chef Salad or Spicy Chicken Salad  Uncrustable Sandwich <b>Turkey BLT Wrap</b>
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Corn Salad Sliced Apples Fresh Orange	Spinach Blend Lettuce Baby Carrots Sliced Cucumbers Diced Peaches Fresh Banana	Spinach Blend Lettuce Baby Carrots Baked Beans Cinnamon Bananas Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Broccoli Florets Rosey Applesauce Fresh Blueberries

Questions or Comments? Please contact Lisa Hicks Food Service Director at [lhicks@montabella.com](mailto:lhicks@montabella.com)  
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# What's on the Menu?

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cinni Mini Bagels <b>Applesauce Cup</b>	2 Lucky Charms Cereal Bar <b>Tangerine</b>	3 Strawberry Chex Mix String Cheese <b>Raisins</b>
6 Strawberry Poptart <b>Bagged Grapes</b>	7 Strawberry Banana Smoothie Scooby Grahams <b>Peach Cup</b>	8 Chocolate Muffin Cheese Cubes <b>Fresh Banana</b>	9 French Toast Bar <b>Mandarin Orange</b>	10 Bug Bite Grahams Sunflower Seeds <b>Fresh Apple</b>
13 Cereal Bar <b>Tangerine</b>	14 Soft Filled Cinnamon Toast Crunch Bar <b>Bagged Grapes</b>	15 Nutrigrain Bar Cheese Cubes <b>Apple Slices</b>	16 Yogurt Cup-Blueberry Muffin <b>Applesauce Cup</b>	17 <b>NO SCHOOL</b>
20 <b>NO SCHOOL</b>	22 Cinnamon Giant Goldfish Cracker <b>Pear Cup</b>	23 Poptart <b>Fresh Apple</b>	24 Cinnamon UBR Bar <b>Fresh Banana</b>	25 Rice Krispie Cereal Bar <b>Apple Slices</b>
27 Cereal Bowl <b>Mandarin Cup</b>	28 Poptart <b>Fresh Apple</b>	29 Chocolate Chip Oatmeal Bar <b>Peach Cup</b>	Colby Jack Cheese Cubes Cheez It Crackers <b>Craisins</b>	31 Yogurt Cup Jungle Crackers <b>Apple Slices</b>

**Montabella BIC Elementary**

**Breakfast Free to All Students**

**Fresh Fruit & 100% Fruit Juice Offered Daily**

**Questions? Please call Lisa Hicks at 989-427-5149 ex 660**

**Or Email**

**[lhicks@montabella.com](mailto:lhicks@montabella.com)**



# What's on the Menu?

October 2025 Lunch  
Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>A. Tator Tot Casserole -Roll B. Ham &amp; Cheese Sub</p> <p><b>Green Beans</b></p>	<p>2</p> <p>A. Hot Dog on a Bun B. Hamburger</p> <p><b>Baked Beans</b></p>	<p>3</p> <p>A. Cheese Pizza B. PB&amp;J Uncrustable <b>Broccoli</b></p>
<p>6</p> <p>A. Pancakes W/Sausage B. Grilled Cheese <b>Tator Tots</b></p>	<p>7</p> <p>A. Nachos B. Turkey Sandwich <b>Seasoned Corn</b></p>	<p>8</p> <p>A. Beef Stroganoff &amp; Roll B. Pizza Crunchers <b>Mixed Vegetables</b></p>	<p>9</p> <p>A. Chicken Tenders - Roll B. Pancakes on a Stick <b>French Fries</b></p>	<p>10</p> <p>A. <b>Pepperoni Pizza</b> B. <b>Cheeseburger on a Bun</b> <b>Carrots</b></p>
<p>13</p> <p>A. Biscuits &amp; Sausage Gravy B. Chicken Ranch Wrap <b>Smile Fries</b></p>	<p>14</p> <p>A. Popcorn Chicken-Roll B. Riblet Sandwich <b>French Fries</b></p>	<p>15</p> <p>A. Lasagna Roll Ups B. Fruited Yogurt Parfait <b>Corn</b></p>	<p>16</p> <p>A. Chicken Sandwich B. Fish Sticks-Roll <b>Smile Fries</b></p>	<p>17</p> <p><b>NO SCHOOL</b></p>
<p>20</p> <p><b>NO SCHOOL</b></p>	<p>21</p> <p>A. Cheeseburger B. Boneless Chicken Wrap <b>Cheesy Potatoes</b></p>	<p>22</p> <p>A. Rotini W/Meat Sauce B. Breakfast Pizza W/Muffin <b>Seasoned Peas</b></p>	<p>23</p> <p>A. Walking Taco's B. Turkey - Cheese Ranch Wrap <b>Seasoned Corn</b></p>	<p>24</p> <p>A. Pepperoni Pizza B. Ham &amp; Cheese on a Bun <b>Green Beans</b></p>
<p>27</p> <p>A. Waffles - Sausages B. Italian Cheese Pull Aparts <b>Tator Tot</b></p>	<p>28</p> <p>A. <b>Mexican Pizza</b> B. <b>Sloppy Joe</b> <b>Broccoli</b></p>	<p>29</p> <p>A. Pizza Pasta Casserole B. Hamburger <b>Carrots</b></p>	<p>30</p> <p>A. Mini Corn Dogs B. Pizza Burger <b>Smile Fries</b></p>	<p>31</p> <p>A. French Bread Pizza B. Hot Dog <b>Mixed Veggies</b></p>

All meals served with 1% white milk, 1% chocolate milk

**extra.  
extra**

Weekly Rotating Choices:  
Fresh Lettuce W/Spinach  
Grape Tomatoes  
Radishes  
Baked Beans  
Baby Carrots  
Sliced Cucumbers  
Green Pepper Slices  
Broccoli Florets  
Cauliflower Florets  
Celery Sticks  
Green Pepper Slices  
Whole Apples  
Fresh Oranges  
Fresh Pears  
Sliced Apples  
Green Grapes  
Diced Peaches  
Bananas  
Diced Pears  
Mixed Fruit  
Applesauce Pouch

**2-3-4-5<sup>th</sup> Grade Weekly  
Rotating Options:  
Parfaits  
Pizza/Burgers/Chicken/  
Deli Subs/Wraps/Salads**