



Montabella **JR/SR** Nov 3rd-7th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
	Pancakes Sausage Patties Herbed Potato Cubes Juice Syrup Packet	Chicken Tenders Tator Tots Carrots Dinner Roll	Fiesta Bowl Chicken Fajita -Taco Meat Black Beans-Corn-Peppers-Rice-Gaucamole Tortilla Chips Queso Cheese	Chicken Parmesan over Noodles Seasoned Broccoli Dinner Roll	Coney Dog Loaded French Fries Mixed Vegetables
	Cheeseburger on a Bun Spicy Chicken Sandwich Turkey & Swiss on Pretzel Bun	Bacon Cheeseburger Spicy Chicken Sandwich Wet Burrito	Chicken Sandwich Cowboy Burger/Tots Cheeseburger on Pretzel Bun	Cheeseburger on Bun Quesadilla W/Salsa Mini Corn Dogs W/Tots	PepperJack Burger/Tots Spicy Chicken Sandwich Chicken Sandwich
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Pizza Cruncher	Pepperoni Calzone	Chicken Bacon Ranch	Bacon BLT Pizza	Stuffed Pepperoni Roll
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Honey Dijon Grilled Chicken Salad Uncrustable Sandwich Turkey Flatbread	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap	Fruited Yogurt Parfait Chef Salad or Spicy Chicken Salad Uncrustable Sandwich Turkey BLT Wrap
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cucumber & Tomato Salad Sliced Pears Purple Grapes	Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana	Spinach Blend Lettuce Baby Carrots Baked Beans Papaya Mango Cups Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Cottage Cheese Raspberry Applesauce Cups Frozen Sorbet

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.



Montabella **JR/SR** Nov 10-14th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
	Waffles Sausage Patties Herbed Potato Cubes Juice Syrup Packet	Alfredo Ravioli Seasoned Broccoli Garlic Roll Parmesan Cheese	Fiesta Bowl Chicken Fajita -Taco Meat Black Beans-Corn-Peppers-Rice-Gaucamole Tortilla Chips Queso Cheese	Regular or Chicken Sandwich on a Bun Curly Fries Rice Krispie Treat	Bosco Sticks Pizza Dipping Sauce Green Beans
	Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich	Bacon Cheeseburger Spicy Chicken Sandwich Double Cheeseburger W/Tots	Chicken Sandwich Cowboy Burger/Tots Cheeseburger on Pretzel Bun	Cheeseburger on Bun Quesadilla W/Salsa Wet Burrito	PepperJack Burger/Tots Spicy Chicken Sandwich Chicken Sandwich
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Pizza Crunchers	Pepperoni Calzone	Chicken Bacon Ranch	Bacon BLT Pizza	Stuffed Pepperoni Roll
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Honey Dijon Grilled Chicken Salad Uncrustable Sandwich Turkey Flatbread	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap	Fruited Yogurt Parfait Chef Salad or Spicy Chicken Salad Uncrustable Sandwich Turkey BLT Wrap
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cucumber & Tomato Salad Sliced Pears Purple Grapes	Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana	Spinach Blend Lettuce Baby Carrots Baked Beans Papaya Mango Cups Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Cottage Cheese Blueberry Applesauce Frozen Sorbet

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com

<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

This institution is an equal opportunity provider and employer

Montabella JR/SR High School Breakfast Menu
2025 Breakfast free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheese Stick-W/Muffin	Choose one Entrée: 1. Warm Cinnamon Roll w/ Icing 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin	Choose one Entrée: 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin	Choose One Entrée: 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin	Choose One Entrée: 1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Cheesestick-W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel	Grab N Go: Breakfast Burrito W/Salsa	Grab N Go: Breakfast Pocket	Grab N Go: French Toast Sticks	Grab N Go: Pancake on a Stick W/Syrup



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

What's on the Menu?

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Strawberry Chex Mix, Cheese Stick Box of Raisins	4 Giant Goldfish Crackers, String Cheese Peach Cup	5 Bowl of Lucky Charms Cereal Fresh Tangerine	6 French Toast Bar Fresh Banana	7 Cocoa Puff Bar Apple Slices
10 Cereal Bowl Mandarin Orange Cup	11 Pop Tart Bagged Grapes	12 Chocolate Muffin Cheese Cubes Peach Cup	13 Banana Chunk Bar Applesauce Cup	14 Cinni Mini's Watermelon Applesauce Cup
17 Gogurt Apple Cinnamon Muffin Bagged Apples	18 Apple Frudel Crasins	19 Smoothie, Scooby Grahams Fresh Banana	20 Chocolate Croissant Pear Cup	21 Cinnamon Toast Crunch Soft Bar Mandarin Orange Cup
24 Cereal Bowl Mandarin Cup	25 Banana muffin Cheese Stick Fresh Apple	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL

Montabella BIC Elementary

Breakfast Free to All Students-7:30am-8:15am in the Classroom

Fresh Fruit & 100% Fruit Juice Offered Daily

Questions? Please call Lisa Hicks at 989-427-5149 ex 660

Or Email

lhicks@montabella.com



All meals served with 1% milk, 1% chocolate milk and 100% fruit juice

This institution is an equal opportunity provider. Menu is subject to change

What's on the Menu?

November 2025
Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 A. Scrambled Eggs-Biscuit-Sausage B. Corn Dog Hash-Brown	4 A. Chicken Drumstick-Roll B. Ham & Cheese Wrap Mashed Potatoes	5 A. Beef Stroganoff & Roll B. Ham & Cheese Sub Green Beans	6 A. Beef Taco's B. Egg Salad Sandwich Cheesy Refried Beans	7 A. Pepperoni Pizza B. Bacon Cheeseburger on a Bun Corn
10 A. Omelet W/Biscuit B. Chicken Crispito Smile Fries	11 A. Chicken Nuggets-Roll B. B. Pizza Pocket Curly Fries	12 A. Mac & Cheese - Roll B. Turkey & Swiss Sub Green Beans	13 A. Hot Dog on a Bun B. Hamburger Baked Beans	14 Turkey Dinner Only
17 A. Pancake-Sausage B. Grilled Cheese Tater Tots	18 A. Beef Nacho's B. Turkey Sandwich Corn	19 A. Cheeseburger B. Pizza Crunchers Mixed Vegetable	20 A. Chicken Tenders -Roll B. Pancake on a Stick French Fries	21 A. Bosco Sticks B. Chef Salad Broccoli
24 A. Breakfast Pizza W/Muffin B. Chicken Ranch Wrap Smile Fries	25 A. Popcorn B. Chicken W/Roll Riblet Sandwich French Fries	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL

All meals served with 1% white milk, 1% chocolate milk

**extra.
extra**

Weekly Rotating Choices:

Fresh Lettuce W/Spinach
Grape Tomatoes
Radishes
Baked Beans
Baby Carrots
Sliced Cucumbers
Green Pepper Slices
Broccoli Florets
Cauliflower Florets
Celery Sticks
Cucumber & Tomato Salad
Whole Apples
Fresh Oranges
Fresh Pears
Sliced Apples
Purple Grapes
Diced Peaches
Bananas
Diced Pears
Mixed Fruit
Cantaloupe

2-3-4-5th Grade Daily Options:

Mon: Wrap,-Cheeseburger
Tues: Spicy Chicken-Chicken Sandwich
Wed : Cheese Pull Apart-Homemade Lunchable
Thurs: Salad-Yogurt Parfait
Friday: BBQ Chicken Wings-Grilled Cheese

Pizza & PBJ Available Daily

Lunch Free to All Students
11:05am -12pm- Cafeteria