





Montabella **JR/SR** February 2nd-6th 2026 Lunch Menu

Student Lunch Free -Purchased Milk \$.60

A full student lunch includes a choice of entrée supplying protein and grain, fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

| Station | Monday 2 | Tuesday 3 | Wednesday 4 | Thursday 5 | Friday 6 |
|--|--|---|--|---|--|
|  | Pancakes Sausage Patties Tater Tots Juice Syrup Packet | Beef & Noodles Brussel Sprouts Dinner Roll | Fiesta Bowl Chicken Fajita-Taco Meat Black Beans-Corn -Sauted Peppers-Rice Gaucamole Tortilla Chips Queso Cheese | Poek Chops Mashed Poatoes Gravy Seasoned Corn Dinner Roll | Chicken Tenders French Fries Glazed Carrots Dinner Roll |
|  | Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich W/Tots | Bacon Cheeseburger Spicy Chicken Sandwich Cheeseburger W/Tots | Chicken Sandwich Cowboy Burger/Tots Mini Corn Dog W/Tots | Spicy Chicken Sandwich Mozzarella Sticks W/Sauce Cheeseburger W/Tots | Grilled Chicken Honey Dijon Chicken Sandwich Cheeseburger W/Tots |
|  | Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station | | | | |
| | Pizza Crunchers | Buffalo Chicken Pocket | Chicken Bacon Ranch | Garlic Cheesy Breadsticks W/Sauce | Bosco Sticks |
|  | Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap | Fruited Yogurt Parfait Chef Salad or Honey Dijon Grilled Chicken Salad Uncrustable Sandwich Turkey on Pretzel | Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap | Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap | Fruited Yogurt Parfait Chef or Spicy Chicken Salad Uncrustable Sandwich Spicy Chicken Wrap |
|  | Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple | Spinach Blend Lettuce Baby Carrots Cottage Cheese Sliced Chilled Pears Blueberries | Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana | Spinach Blend Lettuce Baby Carrots Broccoli -Cauliflower Mango Chunks Sliced Strawberries | Spinach Blend Lettuce Baby Carrots Celery Sticks Fruit Cocktail Frozen Sidekick |

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.



Montabella JR/SR February 9th-13th 2026 Lunch Menu

Student Lunch Free -Purchased Milk \$.60

A full student lunch includes a choice of entrée supplying protein and grain, fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

| Station | Monday 9 | Tuesday 10 | Wednesday 11 | Thursday 12 | Friday 13 |
|--|--|---|--|---|--|
|  | Pancakes Sausage Patties Tater Tots Juice Syrup Packet | Tomato Soup Grilled Cheese California Blend Rive Krispie Treat | Fiesta Bowl Chicken Fajita-Taco Meat Black Beans-Corn -Sauted Peppers-Rice Gaucamole Tortilla Chips Queso Cheese | Roast Beef Mashed Poatoes Beef Gravy Green Beans Dinner Roll | Boneless Wings French Fries Glazed Carrots Dinner Roll |
|  | Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich W/Tots | Bacon Cheeseburger Spicy Chicken Sandwich Cheeseburger W/Tots | Chicken Sandwich Cowboy Burger/Tots FishSticks W/Tots & Roll | Spicy Chicken Sandwich Mozzarella Sticks W/Sauce Cheeseburger W/Tots | Mustang Burger Chicken Sandwich Cheeseburger W/Tots |
|  | Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station | | | | |
| | Pizza Crunchers | Buffalo Chicken Pocket | Chicken Bacon Ranch | Garlic Cheesy Breadsticks W/Sauce | Bosco Sticks |
|  | Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap | Fruited Yogurt Parfait Chef Salad or Tuna Salad on a Bed of Lettuce Uncrustable Sandwich Egg Salad Wrap | Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap | Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap | Fruited Yogurt Parfait Chef or Spicy Chicken Salad Uncrustable Sandwich Spicy Chicken Wrap |
|  | Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple | Spinach Blend Lettuce Baby Carrots Cottage Cheese Chilled Pears Blueberries | Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana | Spinach Blend Lettuce Baby Carrots Broccoli -Cauliflower Mango Chunks Sliced Strawberries | Spinach Blend Lettuce Baby Carrots Celery Sticks Fruit Cocktail Frozen Sidekick |

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

chartwells

serving up happy & healthy

Montabella JR/SR High School Breakfast Menu

2026 Breakfast free to all Students

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|
| Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin | Choose one Entrée: <ol style="list-style-type: none"> 1. Warm Cinnamon Roll 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin | Choose one Entrée: <ol style="list-style-type: none"> 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin | Choose One Entrée: <ol style="list-style-type: none"> 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin | Choose One Entrée: <ol style="list-style-type: none"> 1. Apple Frudel 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin |
| Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk | Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk | Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk | Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk | Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk |
| Grab N Go: Cinni Mini Bagel Small Uncrustable Muffin W/Cheese Stick | Grab N Go: Pancake on a Stick Small Uncrustable Muffin W/Cheese Stick | Grab N Go: Breakfast Pocket Small Uncrustable Muffin W/Cheese Stick | Grab N Go: Cherry Frudel Small Uncrustable Muffin W/Cheese Stick | Grab N Go: Breakfast Burrito W/Salsa Small Uncrustable Muffin W/Cheese Stick |
| | | | | |



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free. Menu is Subject to change.

This institution is an equal opportunity provider and employer

Breakfast is served from 7:30am -8:15am in the cafeteria

What's on the Menu?

February 2026
Breakfast in the
Classroom

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| 2 Strawberry Chex Mix Cheese Stick Diced Peach Cup 100% Fruit Juice | 3 Giant Goldfish Crackers, String Cheese Peach Cup 100% Fruit Juice | 4 Lucky Charms Cereal Bar Bagged Grapes 100% Fruit Juice | 5 French Toast Bar Fresh Banana 100% Fruit Juice | 6 Breakfast Egg Bagel Apple Slices 100% Fruit Juice |
| 9 Cereal Bowl Bug Bites Grahams Craisins 100% Fruit Juice | 10 Pop Tart Bagged Grapes 100% Fruit Juice | 11 Chocolate Muffin Cheese Cubes Peach Cup 100% Fruit Juice | 12 Banana Chunk Bar Applesauce Cup 100% Fruit Juice | 13 Cinni Mini's Mango/Papaya Cups 100% Fruit Juice |
| 16 Cheese Stick Apple-Cinn Muffin Bagged Apples 100% Fruit Juice | 17 Apple Frudel Cherry Craisins 100% Fruit Juice | 18 Yogurt Cup Scooby Grahams Fresh Banana 100% Fruit Juice | 19 Chocolate Croissant Mango/Papapya 100% Fruit Juice | 20 Cinnamon Toast Crunch Soft Bar Mandarin Orange Cup 100% Fruit Juice |
| 23 NO SCHOOL | 24 Banana Muffin Cheese Stick Fresh Apple 100% Fruit Juice | 25 Poptart Apple Slices 100% Fruit Juice | 26 Cereal Bar Peach Cup 100% Fruit Juice | 27 Pancake Puffs Applesauce Cup 100% Fruit Juice |
| | | | | |

All meals served with 1% milk or 1% chocolate milk

Montabella BIC
Elementary

**Breakfast Free to All
Students-7:30am-
8:15am in the
Classroom**

**100% Fruit Juice
Offered Daily**

**Questions? Please
call Lisa Hicks at 989-
427-5149 ex 660
Or Email
lhicks@montabella.com**



What's on the Menu?

February 2026
Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| <p>2</p> <p>A. Pancakes-Sausage B. Grilled Cheese</p> <p>TATER TOTS</p> | <p>3</p> <p>A. Chicken Nuggets B. Pizza Pocket</p> <p>French Fries</p> | <p>4</p> <p>A. Pizza Pasta Casserole B. Mini Corn Dogs</p> <p>Green Beans</p> | <p>5</p> <p>A. Hot Dog B. Hamburger</p> <p>Onion Rings</p> | <p>6</p> <p>A. Bosco Sticks B. PB & J Sandwich</p> <p>Broccoli</p> |
| <p>9</p> <p>A. Mini Waffles B. Fruited Parfait</p> <p>Hash Brown</p> | <p>10</p> <p>A. Nachos B. Chicken Crispito</p> <p>Refried Beans</p> | <p>11</p> <p>A. Chicken Alfredo B. Pizza Crunchers</p> <p>Green Beans</p> | <p>12</p> <p>A. Chicken Tenders B. Pancake on a Stick</p> <p>Smile Fries</p> | <p>13</p> <p>A. Pepperoni Pizza B. Cheeseburger</p> <p>Carrots</p> |
| <p>16</p> <p>A. Mini French Toast B. Tuna Salad</p> <p>Tator Tots</p> | <p>17</p> <p>A. Beef Tacos B. Egg Salad Sandwich</p> <p>Carrots</p> | <p>18</p> <p>A. Chicken & Noodles w/Gravy B. Corn Dog</p> <p>Seasoned Peas</p> | <p>19</p> <p>A. Chicken Sandwich B. Fish Sticks</p> <p>CurlyFries</p> | <p>20</p> <p>A. French Bread Pizza B. Ham & Cheese on a Bun</p> <p>Broccoli</p> |
| <p>23</p> <p>NO SCHOOL</p> | <p>24</p> <p>A. Popcorn Chicken B. Riblet</p> <p>Cheesy Potatoes</p> | <p>25</p> <p>A. Breaded Chicken Drumstick B. Turkey Wrap</p> <p>Mashed Potatoes/Gravy</p> | <p>26</p> <p>A. Walking Taco B. Boneless Wings</p> <p>Refried Beans W/ Cheese</p> | <p>27</p> <p>A. Cheese Pizza B. Bacon Cheeseburger</p> <p>Baked Beans</p> |
| | | | | |

All meals served with 1% white milk or 1% chocolate milk

extra.
extra

Weekly Rotating Choices:

Fresh Lettuce W/Spinach-Daily
Baby Carrots-Daily
Grape Tomatoes -Daily
Snap Peas- Mon
Baked Beans-Tues
Sweet Mini Peppers- Wed
Cauliflower Florets-Thurs
Cucumber Slices-Fri
Broccoli Salad- Tues
Whole Apples
Fresh Oranges
SideKicks 100% Fruit Frozen Cups
Apple Slices
Fresh Pears
Diced Peaches
Diced Pears
Mixed Fruit
Applesauce Pouch
Mandarin Oranges

2-3-4-5th Grade Daily Options:

Mon: Wrap, Cheeseburger
Tues: Chef Salad, Chicken Sandwich
Wed :Cheese Pull Aparts, Homemade Lunchable
Thurs: Spicy Chicken Sandwich ,Yogurt Parfait
Friday: BBQ Chicken Wings, Grilled Cheese

Pizza & PBJ Available Daily