



Montabella JR/SR February 2nd-6th 2026 Lunch Menu

Student Lunch Free -Purchased Milk \$.60

A full student lunch includes a choice of entrée supplying protein and grain, fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
create	Pancakes Sausage Patties Tater Tots Juice Syrup Packet	Beef & Noodles Brussel Sprouts Dinner Roll	Fiesta Bowl Chicken Fajita-Taco Meat Black Beans-Corn -Sauted Peppers-Rice Gaucamole Tortilla Chips Queso Cheese	Poek Chops Mashed Poatoes Gravy Seasoned Corn Dinner Roll	Chicken Tenders French Fries Glazed Carrots Dinner Roll
FLAME	Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich W/Tots	Bacon Cheeseburger Spicy Chicken Sandwich Cheeseburger W/Tots	Chicken Sandwich Cowboy Burger/Tots Mini Corn Dog W/Tots	Spicy Chicken Sandwich Mozzarella Sticks W/Sauce Cheeseburger W/Tots	Grilled Chicken Honey Dijon Chicken Sandwich Cheeseburger W/Tots
2-mato	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
ON THE GO	Pizza Crunchers Chef Salad Uncrustable Sandwich Chicken Wrap	Buffalo Chicken Pocket Chef Salad or Honey Dijon Grilled Chicken Salad Turkey on Pretzel	Chicken Bacon Ranch Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Garlic Cheesy Breadsticks W/Sauce Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap	Bosco Sticks Chef or Spicy Chicken Salad Uncrustable Sandwich Spicy Chicken Wrap
extra. extra.	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cottage Cheese Sliced Chilled Pears Blueberries	Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana	Spinach Blend Lettuce Baby Carrots Broccoli -Cauliflower Mango Chunks Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Celery Sticks Fruit Cocktail Frozen Sidekick

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.



Montabella **JR/SR** February 9th-13th 2026 Lunch Menu

Student Lunch Free -Purchased Milk \$.60

A full student lunch includes a choice of entrée supplying protein and grain, fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
create	Pancakes Sausage Patties Tater Tots Juice Syrup Packet	Tomato Soup Grilled Cheese California Blend Rive Krispie Treat	Fiesta Bowl Chicken Fajita-Taco Meat Black Beans-Corn -Sauted Peppers-Rice Gaucamole Tortilla Chips Queso Cheese	Roast Beef Mashed Poatoes Beef Gravy Green Beans Dinner Roll	Boneless Wings French Fries Glazed Carrots Dinner Roll
FLAME	Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich W/Tots	Bacon Cheeseburger Spicy Chicken Sandwich Cheeseburger W/Tots	Chicken Sandwich Cowboy Burger/Tots FishSticks W/Tots & Roll	Spicy Chicken Sandwich Mozzarella Sticks W/Sauce Cheeseburger W/Tots	Mustang Burger Chicken Sandwich Cheeseburger W/Tots
2-mato	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
ON THE GO	Pizza Crunchers Chef Salad Uncrustable Sandwich Chicken Wrap	Buffalo Chicken Pocket Chef Salad or Tuna Salad on a Bed of Lettuce Uncrustable Sandwich Egg Salad Wrap	Chicken Bacon Ranch Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Garlic Cheesy Breadsticks W/Sauce Fruited Yogurt Parfait Chef Salad or Southwest Salad Taco Wrap	Bosco Sticks Fruited Yogurt Parfait Chef or Spicy Chicken Salad Uncrustable Sandwich Spicy Chicken Wrap
extra. extra	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cottage Cheese Chilled Pears Blueberries	Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana	Spinach Blend Lettuce Baby Carrots Broccoli -Cauliflower Mango Chunks Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Celery Sticks Fruit Cocktail Frozen Sidekick

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
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serving up happy & healthy

Montabella JR/SR High School Breakfast Menu
2026 Breakfast free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose one Entrée: 1. Warm Cinnamon Roll 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose one Entrée: 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose One Entrée: 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin	Choose One Entrée: 1. Apple Frudel 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Boiled Egg W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel Small Uncrustable Muffin W/Cheese Stick	Grab N Go: Pancake on a Stick Small Uncrustable Muffin W/Cheese Stick	Grab N Go: Breakfast Pocket Small Uncrustable Muffin W/Cheese Stick	Grab N Go: Cherry Frudel Small Uncrustable Muffin W/Cheese Stick	Grab N Go: Breakfast Burrito W/Salsa Small Uncrustable Muffin W/Cheese Stick

Go to
www.choosemyplate.gov for
 online personal wellness
 resources for you and your
 family.



Milk selections include: 1% white, 1% chocolate. All milk is
 artificial hormone free. Menu is Subject to change.

This institution is an equal opportunity provider and employer

Breakfast is served from 7:30am -8:15am in the cafeteria

What's on the Menu?

Monday	Tuesday	Wednesday	Thursday	Friday
2 Strawberry Chex Mix Cheese Stick Diced Peach Cup 100% Fruit Juice	3 Giant Goldfish Crackers, String Cheese Peach Cup 100% Fruit Juice	4 Lucky Charms Cereal Bar Bagged Grapes 100% Fruit Juice	5 French Toast Bar Fresh Banana 100% Fruit Juice	6 Breakfast Egg Bagel Apple Slices 100% Fruit Juice
9 Cereal Bowl Bug Bites Grahams Craisins 100% Fruit Juice	10 Pop Tart Bagged Grapes 100% Fruit Juice	11 Chocolate Muffin Cheese Cubes Peach Cup 100% Fruit Juice	12 Banana Chunk Bar Applesauce Cup 100% Fruit Juice	13 Cinni Mini's Mango/Papaya Cups 100% Fruit Juice
16 Cheese Stick Apple-Cinn Muffin Bagged Apples 100% Fruit Juice	17 Apple Frudel Cherry Craisins 100% Fruit Juice	18 Yogurt Cup Scooby Grahams Fresh Banana 100% Fruit Juice	19 Chocolate Croissant Mango/Papaya 100% Fruit Juice	20 Cinnamon Toast Crunch Soft Bar Mandarin Orange Cup 100% Fruit Juice
23 NO SCHOOL	24 Banana Muffin Cheese Stick Fresh Apple 100% Fruit Juice	25 Poptart Apple Slices 100% Fruit Juice	26 Cereal Bar Peach Cup 100% Fruit Juice	27 Pancake Puffs Applesauce Cup 100% Fruit Juice

Montabella BIC
Elementary

Breakfast Free to All
Students-7:30am-
8:15am in the
Classroom

100% Fruit Juice
Offered Daily

Questions? Please
call Lisa Hicks at 989-
427-5149 ex 660
Or Email
lhicks@montabella.com



All meals served with 1% milk or 1% chocolate milk

What's on the Menu?

February 2026
Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 A. Pancakes-Sausage B. Grilled Cheese TATER TOTS</p>	<p>3 A. Chicken Nuggets B. Pizza Pocket French Fries</p>	<p>4 A. Pizza Pasta Casserole B. Mini Corn Dogs Green Beans</p>	<p>5 A. Hot Dog B. Hamburger Onion Rings</p>	<p>6 A. Bosco Sticks B. PB & J Sandwich Broccoli</p>
<p>9 A. Mini Waffles B. Fruited Parfait Hash Brown</p>	<p>10 A. Nachos B. Chicken Crispito Refried Beans</p>	<p>11 A. Chicken Alfredo B. Pizza Crunchers Green Beans</p>	<p>12 A. Chicken Tenders B. Pancake on a Stick Smile Fries</p>	<p>13 A. Pepperoni Pizza B. Cheeseburger Carrots</p>
<p>16 A. Mini French Toast B. Tuna Salad Tator Tots</p>	<p>17 A. Beef Tacos B. Egg Salad Sandwich Carrots</p>	<p>18 A. Chicken & Noodles w/Gravy B. Corn Dog Seasoned Peas</p>	<p>19 A. Chicken Sandwich B. Fish Sticks CurlyFries</p>	<p>20 A. French Bread Pizza B. Ham & Cheese on a Bun Broccoli</p>
<p>23 NO SCHOOL</p>	<p>24 A. Popcorn Chicken B. Riblet Cheesy Potatoes</p>	<p>25 A. Breaded Chicken Drumstick B. Turkey Wrap Mashed Potatoes/Gravy</p>	<p>26 A. Walking Taco B. Boneless Wings Refried Beans W/ Cheese</p>	<p>27 A. Cheese Pizza B. Bacon Cheeseburger Baked Beans</p>

All meals served with 1% white milk or 1% chocolate milk

This institution is an equal opportunity provider. Menu is subject to change

**extra.
extra**

Weekly Rotating
Choices:

Fresh Lettuce W/Spinach-Daily
Baby Carrots-Daily
Grape Tomatoes -Daily
Snap Peas- Mon
Baked Beans-Tues
Sweet Mini Peppers- Wed
Cauliflower Florets-Thurs
Cucumber Slices-Fri
Broccoli Salad- Tues
Whole Apples
Fresh Oranges
SideKicks 100% Fruit Frozen Cups
Apple Slices
Fresh Pears
Diced Peaches
Diced Pears
Mixed Fruit
Applesauce Pouch
Mandarin Oranges

**2-3-4-5th Grade Daily
Options:**

Mon: Wrap, Cheeseburger
Tues: Chef Salad, Chicken Sandwich
Wed: Cheese Pull Apart, Homemade Lunchable
Thurs: Spicy Chicken Sandwich, Yogurt Parfait
Friday: BBQ Chicken Wings, Grilled Cheese

Pizza & PBJ Available Daily

Lunch's Free to All Students
11:05am -12pm- Cafeteria