



Montabella **JR/SR** December 1st-5th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
	Waffles Sausage Patties Herbed Potato Cubes Juice Syrup Packet	Meatloaf Mashed Potatoes Gravy Green Beans Dinner Roll	Fiesta Bowl Chicken Fajita-Taco Meat Black Beans-Corn -Sauted Peppers-Rice Gaucamole Tortilla Chips Queso Cheese	Teriyaki Chicken Fried Rice Egg Roll Oirental Vegetables Fortune Cookie	Chicken Tenders French Fries Carrots Dinner Roll
	Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich	Bacon Cheeseburger Spicy Chicken Sandwich Double Cheeseburger W/Tots	Chicken Sandwich Cowboy Burger/Tots Cheeseburger on Pretzel Bun	Spicy Chicken Mozzarella Sticks W/Sauce Cheeseburger	PepperJack Burger/Tots Spicy Chicken Sandwich Bacon Cheeseburger W/ Fries
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Pizza Crunchers	Pepperoni Calzone	Chicken Bacon Ranch	BBQ Chicken	Supreme Pizza
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Honey Dijon Grilled Chicken Salad Uncrustable Sandwich Turkey -Ciabatta	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap	Fruited Yogurt Parfait Chef Salad or Spicy Chicken Salad Uncrustable Sandwich Roast Beef
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cucumber & Tomato Salad Sliced Chilled Pears Purple Grapes	Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana	Spinach Blend Lettuce Baby Carrots Broccoli -Cauliflower Mango & Papya Cups Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Cottage Cheese Blueberry Applesauce Frozen Sorbet

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.



Montabella **JR/SR** December 8th-12th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
	Omelet Sausage Patties Herbed Potato Cubes Juice Syrup Packet	Breaded Chicken Drumstick Mashed Potato Gravy Season Green Beans Dinner Roll	Fiesta Bowl Chicken Fajita-Taco Meat Black Beans-Corn -Sauted Peppers-Rice Gaucamole Tortilla Chips Queso Cheese	Sloppy Joe Curly Fries Rice Krispie Treat	Baked Potato Broccoli Chili -Sour Cream Cheese Sauce Garlic Roll
	Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich	Bacon Cheeseburger Spicy Chicken Sandwich Double Cheeseburger W/Tots	Chicken Sandwich Cowboy Burger/Tots Cheeseburger on Pretzel Bun	Spicy Chicken Sandwich Mozzarella Sticks W/Sauce Cheeseburger	Meatball Sub W/Tots Spicy Chicken Sandwich Bacon Cheeseburger W/Fries
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Pizza Crunchers	Pepperoni Calzone	Chicken Bacon Ranch	BBQ Chicken	Meatlovers
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Honey Dijon Grilled Chicken Salad Uncrustable Sandwich Turkey -Ciabatta	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap	Fruited Yogurt Parfait Chef Salad or Spicy Chicken Salad Uncrustable Sandwich Roast Beef
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cucumber & Tomato Salad Sliced Chilled Pears Purple Grapes	Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana	Spinach Blend Lettuce Baby Carrots Broccoli -Cauliflower Mango & Papaya Cups Sliced Strawberries	Spinach Blend Lettuce Baby Carrots Cottage Cheese Blueberry Applesauce Frozen Sorbet

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Montabella **JR/SR** December 15th-19th 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
	French Toast Sticks Sausage Patties Herbed Potato Cubes Juice Syrup Packet	Lasgna Roll Ups Seasoned Broccoli Dinner Rolls	Fiesta Bowl Chicken Fajita-Taco Meat Black Beans-Corn -Sauted Peppers-Rice Gaucamole Tortilla Chips Queso Cheese	<u>1/2 Day</u> Chicken Tenders French Fries Dinner Roll	<u>1/2 Day</u> Bosco Sticks Pizza Sauce
	Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich	Bacon Cheeseburger Spicy Chicken Sandwich Double Cheeseburger W/Tots	Chicken Sandwich Cowboy Burger/Tots Cheeseburger on Pretzel Bun	Spicy Chicken Sandwich Mozzarella Sticks W/Sauce Cheeseburger	
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Pizza Crunchers	Pepperoni Calzone	Chicken Bacon Ranch	BBQ Chicken	Pepperoni Pizza- Cheese Pizza
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Honey Dijon Grilled Chicken Salad Uncrustable Sandwich Turkey -Ciabatta	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap	Fruited Yogurt Parfait Chef Salad or Southwest Salad Uncrustable Sandwich Taco Wrap	 Uncrustable Sandwich
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cucumber & Tomato Salad Sliced Chilled Pears Purple Grapes	Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana	Spinach Blend Lettuce Baby Carrots Broccoli -Cauliflower Mango & Papya Cups Sliced Strawberries	Bagged Carrots Sliced Apples

**Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
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Montabella JR/SR High School Breakfast Menu
2025 Breakfast free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheese Stick-W/Muffin	Choose one Entrée: 1. Warm Cinnamon Roll w/ Icing 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin	Choose one Entrée: 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin	Choose One Entrée: 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin	Choose One Entrée: 1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Cheesestick-W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel	Grab N Go: Breakfast Burrito W/Salsa	Grab N Go: Breakfast Pocket	Grab N Go: French Toast Sticks	Grab N Go: Pancake on a Stick W/Syrup



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

What's on the Menu?

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Strawberry Chex Mix, Cheese Stick Box of Raisins	2 Giant Goldfish Crackers, String Cheese Peach Cup	Bowl of Lucky Charms Cereal Fresh Tangerine	4 French Toast Bar Fresh Banana	5 Cocoa Puff Bar AppleSlices
Cereal Bowl Mandarin Orange Cup	9 Pop Tart Bagged Grapes	Chocolate Muffin Cheese Cubes Peach Cup	11 Banana Chunk Bar Applesauce up	12 Cinni Mini's Applesauce Cup
15 Gogurt Tube Apple Cinnamon Muffin Bagged Apples	16 Apple Frudel Cherry Craisins	17 Smoothie Cup, Scooby Grahams Fresh Banana	18 Chocolate Croissant Pear Cup	19 Cinnamon Toast Crunch Soft Bar Mandarin Orange Cup
22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL
29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL		

Montabella BIC Elementary

Breakfast Free to All Students-7:30am-8:15am in the Classroom

Fresh Fruit & 100% Fruit Juice Offered Daily

Questions? Please call Lisa Hicks at 989-427-5149 ex 660

Or Email

lhicks@montabella.com




All meals served with 1% milk, 1% chocolate milk and 100% fruit juice

This institution is an equal opportunity provider. Menu is subject to change

What's on the Menu?

December 2025
Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 A. French Toast B. Tuna Sandwich Smile Fries	2 A. Cheeseburger B. Boneless Chicken Wings W/Roll Cheesy Potatoes	3 A. Chicken & Noodles-Gravy & Roll B. Brkfst Pizza W/Muffin Peas	4 A. Walking Taco B. Turkey & Cheese Ranch Wrap Corn	5 A. Bosco SticksW/Sauce B. Ham & Cheese on a Bun Green Beans
8 A. Waffles W/Sausage B. Fish Sandwich Tater Tots	9 A. Mexican Pizza B. Sloppy Joe Seasoned Broccoli	10 A. Orange Chicken-Rice -Egg Roll B. Hamburger Carrots	11 A. Mini Corn Dogs B. Pizza Burger Smile Fries	12 A. French Bread Pizza B. Hot Dog on a Bun Mixed Vegetables
15 A. Scrambled Eggs-Biscuit-Sausage B. Corn Dog Hash Brown	16 A. Chicken Drumstick B. Ham & Cheese Wrap Mashed Potatoes	17 A. Spaghetti W/Meatsauce B. Ham & Cheese Sub Green Beans	18 PIZZA ONLY EARLY RELEASE	19 PIZZA ONLY EARLY RELEASE
22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL
29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL		

All meals served with 1% white milk, 1% chocolate milk

extra.
extra

Weekly Rotating Choices:

Fresh Lettuce W/Spinach
Grape Tomatoes
Radishes
Baked Beans
Baby Carrots
Sliced Cucumbers
Green Pepper Slices
Broccoli Florets
Cauliflower Florets
Celery Sticks
Cucumber & Tomato Salad
Whole Apples
Fresh Oranges
Fresh Pears
Sliced Apples
Purple Grapes
Diced Peaches
Bananas
Diced Pears
Mixed Fruit
Kiwi Fruit

2-3-4-5th Grade Daily Options:

Mon: Wrap,-Cheeseburger
Tues: Chef Salad - Chicken Sandwich
Wed :Cheese Pull Apart-Homemade Lunchable
Thurs: Spicy Chicken Sandwich -Yogurt Parfait
Friday: BBQ Chicken Wings-Grilled Cheese

Pizza & PBJ Available Daily